

Cast Metal Partial Denture Home Care: Instructions

Chromium cobalt cast partial denture care

- Clean your partial denture thoroughly following each meal. Regular toothpaste is too abrasive for the acrylic component of partial denture. Partial denture frameworks are fragile and can bend, so it is important to handle with care.
- Don't use alcohol, abrasive cleaners, bleaches, whiteners they may scratch the surface of the partial denture and harsh products like bleach which will turn the pink parts of your denture white.
- Do not use boiling water, dishwasher or microwave to clean or soak your partial denture.
- Try to give the oral mucosa a break by leaving partial denture out for 4-6 hours a day. You can soak it in the cleaning solutions at night. The gum tissue needs to rest and to allow normal stimulation and cleansing by the tongue and saliva.
- There are several denture cleaning tablets and solutions are available such as Polident and Efferdent. There are also less expensive generic denture cleaning products available from stores such as Walmart, London Drugs, and Shoppers Drug Mart, which work just as well as more expensive brand names. Read the instructions carefully before using these products.
- If the cleaning solutions are not available, you can use mild hand wash soap detergent with lukewarm water and a denture brush to clean your denture.
- Candida a fungal infection can develop in your mouth and the spore will survive in the crevices of your partial denture. You can use a prescription strength mouth rinse (Chlorhexidine-Peridex) to rinse and soak your partial denture.
- Massaging your gums in the morning and evening with a thumb, finger, or soft bristled toothbrush stimulates blood flow and improves tissue health.
- If you are suffering from dry mouth use Oral balance moisturizing gel from Biotene (www.biotene.com) can be used to keep tissues moist and can be placed on the partial denture to increase moisture of the gum tissue.
- Avoid scratching your partial dentures with abrasive tooth paste and aggressive brushing; deep scratch lines can harbor plaque and bacteria which cause bad odors.
- Your partial denture has metal clasps that wrap around the tooth to gain retention. Clasps may lose the retention following repeated use. Don't use pliers to bend clasps. Clasps are fragile and can easily break. Slight finger pressure or pressing against the corner of a table can reactivate the clasp and improve retention.